Check one that describes you:	Yes	No	N/R
Pregnant	15	38	6
A parent/caretaker of a baby under 6 months	25	28	6
A parent/caretaker of a baby 6 months to 1 year	20	27	12
Breastfeeding (at least 1 time in 24 hours)	14	39	6
A parent/caretaker of a child over 1 year old	27	25	7
The dad, grandparent, caretaker of a child on WIC	4	44	11
The mom of a child on WIC	43	12	4
I am 18 years or younger	14	35	10

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	16	14	26	3
Getting children to eat healthy foods	5	14	39	1
Quick healthy meals	3	12	43	1
Eating a healthy diet after pregnancy	9	22	28	0
Saving money at the grocery store	3	12	42	2

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	9	21	29	0
Discussion only	18	27	12	2
Food demonstration/taste test	3	24	31	1
On the internet	20	14	22	3
Reading on my own	10	23	24	2
Learning activities	5	18	35	1

4. What is the highest level of school you completed?	Total
6th grade or less	3
7th to 9th grade	10
10th to 12th grade	27
High School graduate	11
Some College / Current Student	5
College Graduate	3
No response	0

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	27	31	1
A video game console (X-box, Playstation, Game Cube, Nintendo	31	27	1
Cable TV	40	19	0

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	1
2 times a week	10
3 times a week	16
4 or more times a week	21
No response	11

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	16	12	31	0
Exercise during of after pregnancy	13	20	26	0
Stretching	11	18	30	0
Exercising more myself	9	17	32	1
Getting my children to exercise more	15	14	30	0
Back health	11	16	32	0

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none

How to get children off candies and get them to eat more healthy foods

Check one that describes you:	Yes	No	N/R
Pregnant	21	75	5
A parent/caretaker of a baby under 6 months	42	55	4
A parent/caretaker of a baby 6 months to 1 year	34	55	12
Breastfeeding (at least 1 time in 24 hours)	22	71	8
A parent/caretaker of a child over 1 year old	51	37	13
The dad, grandparent, caretaker of a child on WIC	9	78	14
The mom of a child on WIC	85	12	4
I am 18 years or younger	19	70	12

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	26	26	39	10
Getting children to eat healthy foods	11	6	79	5
Quick healthy meals	5	11	80	5
Eating a healthy diet after pregnancy	17	10	68	6
Saving money at the grocery store	11	16	70	4

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	12	28	54	7
Discussion only	28	43	17	13
Food demonstration/taste test	13	40	40	8
On the internet	34	17	38	12
Reading on my own	20	24	46	11
Learning activities	7	30	54	10

4. What is the highest level of school you completed?	Total
6th grade or less	7
7th to 9th grade	13
10th to 12th grade	23
High School graduate	33
Some College / Current Student	21
College Graduate	3
No response	1

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	41	57	3
A video game console (X-box, Playstation, Game Cube, Nintendo	37	61	3
Cable TV	62	37	2

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	12
2 times a week	8
3 times a week	13
4 or more times a week	31
No response	37

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	22	18	53	8
Exercise during of after pregnancy	23	10	61	7
Stretching	27	15	50	9
Exercising more myself	17	17	59	8
Getting my children to exercise more	34	18	41	8
Back health	26	14	52	9

6/18/2007

Check one that describes you:	Yes	No	N/R
Pregnant	12	48	0
A parent/caretaker of a baby under 6 months	29	30	1
A parent/caretaker of a baby 6 months to 1 year	17	42	1
Breastfeeding (at least 1 time in 24 hours)	19	40	1
A parent/caretaker of a child over 1 year old	39	20	1
The dad, grandparent, caretaker of a child on WIC	2	56	2
The mom of a child on WIC	53	7	0
I am 18 years or younger	17	43	0

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	14	18	26	2
Getting children to eat healthy foods	7	5	48	0
Quick healthy meals	5	5	48	2
Eating a healthy diet after pregnancy	5	10	44	1
Saving money at the grocery store	7	7	45	1

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	9	23	25	3
Discussion only	14	28	15	3
Food demonstration/taste test	8	26	22	4
On the internet	27	14	12	7
Reading on my own	11	21	24	4
Learning activities	3	20	35	2

4. What is the highest level of school you completed?	Total
6th grade or less	6
7th to 9th grade	12
10th to 12th grade	14
High School graduate	18
Some College / Current Student	5
College Graduate	2
No response	3

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	17	40	3
A video game console (X-box, Playstation, Game Cube, Nintendo	19	38	3
Cable TV	36	23	1

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	2
2 times a week	11
3 times a week	7
4 or more times a week	24
No response	16

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	16	13	29	2
Exercise during of after pregnancy	14	12	31	3
Stretching	15	20	22	3
Exercising more myself	6	17	36	1
Getting my children to exercise more	13	14	31	2
Back health	10	15	32	3

6/18/2007

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more information about babies growth after born

Check one that describes you:	Yes	No	N/R
Pregnant	11	53	1
A parent/caretaker of a baby under 6 months	19	44	2
A parent/caretaker of a baby 6 months to 1 year	19	45	1
Breastfeeding (at least 1 time in 24 hours)	10	54	1
A parent/caretaker of a child over 1 year old	43	20	2
The dad, grandparent, caretaker of a child on WIC	10	50	5
The mom of a child on WIC	53	11	1
I am 18 years or younger	12	49	4

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	11	21	32	1
Getting children to eat healthy foods	2	5	56	2
Quick healthy meals	3	7	54	1
Eating a healthy diet after pregnancy	16	9	37	3
Saving money at the grocery store	6	8	50	1

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	6	21	35	3
Discussion only	11	32	14	8
Food demonstration/taste test	4	21	38	2
On the internet	17	22	19	7
Reading on my own	12	23	25	5
Learning activities	4	15	43	3

4. What is the highest level of school you completed?	Total
6th grade or less	4
7th to 9th grade	8
10th to 12th grade	26
High School graduate	14
Some College / Current Student	10
College Graduate	1
No response	2

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	19	42	4
A video game console (X-box, Playstation, Game Cube, Nintendo	26	37	2
Cable TV	46	17	2

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	4
2 times a week	7
3 times a week	13
4 or more times a week	35
No response	6

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	17	14	31	3
Exercise during of after pregnancy	21	9	31	4
Stretching	17	17	26	5
Exercising more myself	9	14	38	4
Getting my children to exercise more	13	16	36	0
Back health	12	13	36	4

6/18/2007

#### **ENGLISH**

3

healthy foods

How to lose weight after pregnancy. How much to give my infant on infant cereal and gerber's and formula.

make nice colorful meals, recipes and get children to like what they eat

healthy foods

Check one that describes you:	Yes	No	N/R
Pregnant	10	45	8
A parent/caretaker of a baby under 6 months	17	37	9
A parent/caretaker of a baby 6 months to 1 year	17	30	16
Breastfeeding (at least 1 time in 24 hours)	10	44	9
A parent/caretaker of a child over 1 year old	41	15	7
The dad, grandparent, caretaker of a child on WIC	9	40	14
The mom of a child on WIC	52	6	5
I am 18 years or younger	13	40	10

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	12	25	19	7
Getting children to eat healthy foods	6	13	43	1
Quick healthy meals	6	4	52	1
Eating a healthy diet after pregnancy	15	9	32	7
Saving money at the grocery store	5	15	40	3

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	4	32	25	2
Discussion only	12	35	8	8
Food demonstration/taste test	6	26	25	6
On the internet	30	15	9	9
Reading on my own	10	23	23	7
Learning activities	5	23	27	8

2

4. What is the highest level of school you completed?	Total
6th grade or less	7
7th to 9th grade	11
10th to 12th grade	18
High School graduate	19
Some College / Current Student	6
College Graduate	2
No response	0

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	13	50	0
A video game console (X-box, Playstation, Game Cube, Nintendo	24	36	3
Cable TV	48	15	0

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	3
2 times a week	11
3 times a week	7
4 or more times a week	32
No response	10

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	12	16	31	4
Exercise during of after pregnancy	20	8	30	5
Stretching	17	14	25	7
Exercising more myself	9	15	35	4
Getting my children to exercise more	14	14	32	3
Back health	14	11	34	4

ENGLISH
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weaning

Check one that describes you:	Yes	No	N/R
Pregnant	31	81	19
A parent/caretaker of a baby under 6 months	39	69	23
A parent/caretaker of a baby 6 months to 1 year	33	75	23
Breastfeeding (at least 1 time in 24 hours)	17	89	25
A parent/caretaker of a child over 1 year old	68	42	21
The dad, grandparent, caretaker of a child on WIC	24	74	33
The mom of a child on WIC	91	20	20
I am 18 years or younger	16	86	29

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	35	37	41	18
Getting children to eat healthy foods	17	30	75	9
Quick healthy meals	12	27	81	11
Eating a healthy diet after pregnancy	31	23	59	18
Saving money at the grocery store	21	26	76	8

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	15	49	55	12
Discussion only	27	51	31	22
Food demonstration/taste test	22	36	57	16
On the internet	37	35	37	22
Reading on my own	37	30	56	8
Learning activities	12	37	64	18

4. What is the highest level of school you completed?	Total
6th grade or less	7
7th to 9th grade	24
10th to 12th grade	44
High School graduate	20
Some College / Current Student	31
College Graduate	4
No response	1

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	51	69	11
A video game console (X-box, Playstation, Game Cube, Nintendo	54	57	20
Cable TV	82	42	7

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	18
2 times a week	11
3 times a week	18
4 or more times a week	54
No response	30

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	41	26	52	12
Exercise during of after pregnancy	38	26	49	18
Stretching	33	34	49	15
Exercising more myself	28	19	75	9
Getting my children to exercise more	31	31	60	9
Back health	35	30	54	12

#### **ENGLISH**

how to keep children fit and active

3

#### **SPANISH**

como entretener a los ninos en gitas de wic a parte de leer todas estan bien

Check one that describes you:	Yes	No	N/R
Pregnant	161	603	87
A parent/caretaker of a baby under 6 months	247	489	115
A parent/caretaker of a baby 6 months to 1 year	283	460	108
Breastfeeding (at least 1 time in 24 hours)	159	578	114
A parent/caretaker of a child over 1 year old	491	266	94
The dad, grandparent, caretaker of a child on WIC	142	554	155
The mom of a child on WIC	663	114	74
I am 18 years or younger	118	597	136

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	183	215	371	82
Getting children to eat healthy foods	83	98	636	34
Quick healthy meals	53	86	657	55
Eating a healthy diet after pregnancy	154	106	512	79
Saving money at the grocery store	86	108	594	63

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	97	282	432	40
Discussion only	242	308	161	140
Food demonstration/taste test	151	229	377	94
On the internet	260	179	256	156
Reading on my own	148	239	339	125
Learning activities	77	216	462	96

4. What is the highest level of school you completed?	Total
6th grade or less	110
7th to 9th grade	144
10th to 12th grade	161
High School graduate	211
Some College / Current Student	166
College Graduate	44
No response	15

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	369	421	61
A video game console (X-box, Playstation, Game Cube, Nintendo	358	409	84
Cable TV	454	316	81

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	93
2 times a week	113
3 times a week	165
4 or more times a week	292
No response	188

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	202	135	447	67
Exercise during of after pregnancy	207	111	452	81
Stretching	185	166	413	87
Exercising more myself	127	146	505	73
Getting my children to exercise more	171	141	469	70
Back health	169	148	454	80

#### **ENGLISH**

How to get child off of bottle or pasifier

child's development activities.

breastfeeding

food allergies

no class

getting children to drink milk or get enough calcium and picky eaters

Daycare safety, prevent child violance at home or school

How to deal with picki eaters.

making own baby food

#### **SPANISH**

como ensenar a los ninos a cepillarse los dientes (tips)

dieta sana durante el embarazo

Como prevenir la violencia y agresividad a los jorenes y prevenir las drogas.

ejercicio

temas lo pue no deben comer los ninos

Check one that describes you:	Yes	No	N/R
Pregnant	16	41	6
A parent/caretaker of a baby under 6 months	18	35	10
A parent/caretaker of a baby 6 months to 1 year	20	32	11
Breastfeeding (at least 1 time in 24 hours)	10	41	12
A parent/caretaker of a child over 1 year old	41	15	7
The dad, grandparent, caretaker of a child on WIC	11	33	19
The mom of a child on WIC	49	5	9
I am 18 years or younger	10	42	11

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	20	16	20	7
Getting children to eat healthy foods	10	4	46	3
Quick healthy meals	6	6	47	4
Eating a healthy diet after pregnancy	15	9	31	8
Saving money at the grocery store	8	9	38	8

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	6	26	26	5
Discussion only	10	31	13	9
Food demonstration/taste test	15	24	16	8
On the internet	18	21	15	9
Reading on my own	7	21	27	8
Learning activities	4	19	31	9

4. What is the highest level of school you completed?	Total
6th grade or less	2
7th to 9th grade	4
10th to 12th grade	16
High School graduate	26
Some College / Current Student	13
College Graduate	1
No response	1

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	23	36	4
A video game console (X-box, Playstation, Game Cube, Nintendo	27	30	6
Cable TV	53	9	1

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	3
2 times a week	6
3 times a week	9
4 or more times a week	33
No response	12

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	15	17	26	5
Exercise during of after pregnancy	17	13	27	6
Stretching	15	22	21	5
Exercising more myself	11	15	31	6
Getting my children to exercise more	14	15	27	7
Back health	11	14	30	8